

## Tips for Parents

Here are some suggestions you can use to help your child prepare for kindergarten:

- ★ Play “school” with your child
- ★ Pretend to go to school and practice how you will say goodbye

## Tips for Parents

- ★ Explore books together
- ★ Visit the library
- ★ Play the alphabet game by looking for letters in your environment

# E



# F

- ★ Talk to your child about school
- ★ Have play dates
- ★ Establish bedtime routines
- ★ Practice buttoning, snapping & zipping
- ★ Ask and answer questions



# G

- ★ Make an ABC book
- ★ Sing songs and rhymes, play games and do puzzles
- ★ Go to the park
- ★ Visit the school playground



For more Kindergarten information, visit the District 97 website at [www.op97.org](http://www.op97.org)



# A



## Kindergarten

Ready  
Set  
Go!

# B



# O



# K

## Philosophy ★

Kindergarten offers the opportunity to lay the foundation for a love of learning, a sense of self worth, respect for others and the development of critical thinking skills.

We recognize that a child's development of attitudes, habits, capabilities and skills begins long before entering a formal educational program.

The kindergarten curriculum builds on this foundation and provides additional experiences that will enhance learning. An effective kindergarten program involves parents and school personnel working cooperatively to build a partnership between home and school that will support the child throughout the school experience.

## We believe

Each child is unique and we recognize the importance of individual differences.

In the dignity and worth of each person.

Each child can become an independent, creative thinker.

A love of learning is basic to lifelong learning.

★ Oak Park District 97  
Kindergarten Teachers

# R

## Kindergarten Readiness: Most 5 Year Olds Can ...

Students enter kindergarten with varied and differing early learning experiences. In general, students with the following skills are prepared for a successful kindergarten year.

### COGNITIVE

- recognize and write his or her own name
- recite his/her address & phone number
- recognize numbers, letters colors & shapes
- understand basic positional concepts (in/out, up/down, front/back, etc.)
- look at books & pretend to read
- communicate ideas through drawing & writing
- follow two or three step directions



### SOCIAL EMOTIONAL

- separate from parents without being upset
- work and play independently
- make friends & cooperate with others
- transition from one activity to another
- participate in a 10-15 minute lesson or activity
- share and wait for his or her turn
- show kindness & empathy for others
- show self control & manage emotions
- follow simple rules & expectations



### MOVEMENT/PHYSICAL

- use scissors
- hold pencil/crayon correctly
- copy letters & shapes
- dress himself or herself
- toilet independently
- eat independently
- clean up after himself or herself
- run, jump, skip, & climb
- bounce a ball



### LANGUAGE AND COMMUNICATION

- listen to a story
- listen to an adult
- listen to his or her peers
- listen to directions without interrupting
- speak in complete sentences
- ask for help
- tell a story
- express his or her needs
- be easily understood by others

